



# An Emerging Global Movement

***Thresholds of Transformation's (TT) first anniversary**  
reveals worldwide engagement of Sisters, lay staff, and Associates  
participating in TT's transformative process.*



*Thresholds of Transformation is a creative, interactive process of personal, communal, systemic transformation developed for women religious, their Associates, and lay staff.*

It is impressive and enlightening to learn why Sisters worldwide are committing themselves to the twelve-month **Thresholds of Transformation** communal journey. Their reflections and stories about their experience speak to how TT is addressing their spiritual hunger, as well as offering ongoing spiritual formation across the congregation.

A significant blessing that **Thresholds of Transformation** offers is the deepening of the bonds of sisterhood through open and honest sharing and fostering acceptance of their own and each other's vulnerability. Feedback from participants consistently reveals how sharing from the heart strengthens

bonds of relationships generating a renewed sense of belonging and interconnectedness.

International communities, who are participating cross culturally on zoom, are coming to a deeper awareness, understanding and appreciation of each other.

A vital opportunity that **Thresholds of Transformation** is offering is the chance for members to reflect deeply on their communal living, finding ways that can call each member to be their best and truest selves. New ways of being community, taking responsibility and exercising leadership are reported to be happening in a spirit of mutual trust, respect and empowerment.



Given the whole TT Pathway journey is online and all the needed resources are provided, it allows for creativity among leaders as to how to offer and engage their members in TT. **Thresholds of Transformation's** adaptability, flexibility, and multiple languages also enhance the leader's creativity in implementing TT, which is critical given the level of diversity among congregations.

Another blessing resulting from TT is the openness of congregational leaders to include their lay staff and Associates in this transformative process. This mixed participation has enriched conversations. It has also been a gift to the sisters' lay counterparts whose diverse spirituality or faith practice has found some common ground or safe place for engaging in dialogue and raising questions.

This positive experience has resulted in TT's Core Team, Monica Brown, Hilary Musgrave, and Donna Fyffe, discerning the possibility of a second edition of **Thresholds of Transformation** for lay women and men searching to deepen their spiritual life. To this end, the Core Team invited 14 groups of lay women and men from various regions around the world to participate in a review of the current edition. The Core Team's hope and dream is to create a new edition of TT in 2025.

Given the diverse sizes of congregations, interests, and capacities, it is interesting to see how congregations are inviting other religious from their region to gather with them to do **Thresholds of Transformation**. One prime example took place in Ireland, where thirteen Sisters from five different congregations and three different countries formed a specific Pathway Circle to do TT together. Participants shared with the TT Core Team that this type of gathering is rich, freeing, and spirit led.

Comments included statements such as:





*"I was drifting. Things were meaningless, and I felt disillusioned. TT has re-sparked my inner life."*

*"While strangers to one another, our sharing is open and honest. This is the strength of TT. We have gone deeper and are in solidarity with one another."*

*"The sharing in **Thresholds of Transformation** has normalized my reality in lieu of feeling alone in the current evolution of religious life."*

*"Coming from a different culture was initially hard until the sharing started. I found at the core; we are the same...human. What helped this understanding was the 'Spirituality of the Heart'...the thinking heart...and the metaphor of the trees. The experience was a miracle for me in my time of difficulty."*

As a Core Team, we are appreciative of the support from the following groups. Their generous assistance in making **Thresholds of Transformation** known to their communities and networks affirms the benefit of collaborating across charisms and strengthens the global sisterhood.

-  Leadership Conference of Women Religious, USA
-  Conference of Religious, Canada
-  Association of Leaders of Missionaries & Religious of Ireland
-  Asociación de Hermanas Latinas Misioneras en América (AHLMA)

Three years ago, when the Core Team began envisioning and developing a transformative process, it led to the creation of **Thresholds of Transformation: Personal, Communal, and Systemic Transformation**. The dream was that TT would inspire and empower-all people to be their best selves in living a Gospel-centered life, co-creating with the Source of All Life, and fostering a commitment to integral ecology. The desire was to align with and promote Pope Francis' vision in Laudato Si and Laudato Deum, to attend to the 'Cry of Earth' and Cry of Humanity.' Our hope and prayer is that together, we will raise up the good amidst these volatile and polarized time