

***Thresholds of Transformation***  
is a multi-disciplined  
transformative change  
process, developed by  
**Monica Brown, Donna Fyffe  
and Hilary Musgrave**

that offers an intentional way of exploring personal, communal and systemic transformation. It is deeply grounded in our Universe Story and the ecological theology of Laudato Si.

Committed to facilitating a vital shift in our human consciousness, *Thresholds of Transformation's* vision is to collaborate with women religious and their Associates and Mission Partners, in fostering:

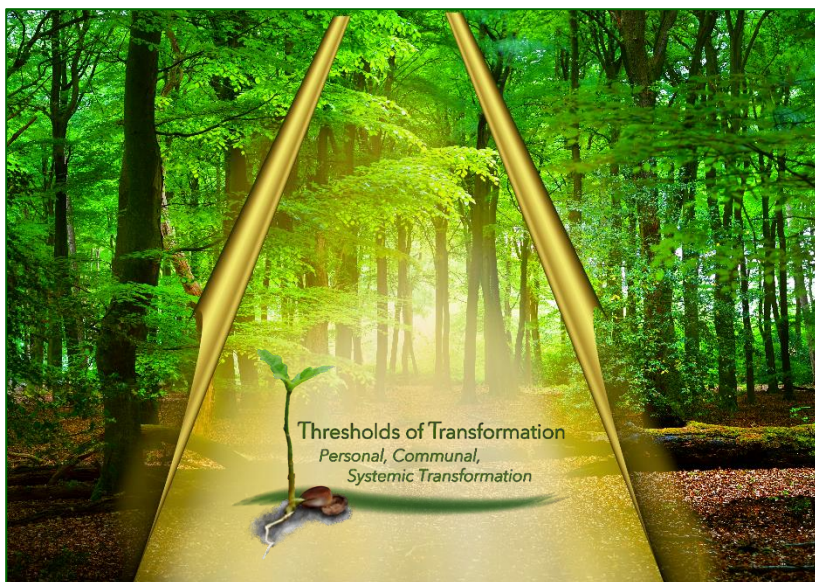
- ✿ contemplative awareness
- ✿ unity of purpose
- ✿ an energetic commitment to Laudato Si's challenge to honor our "moral imperative" to contribute to a new world order of integral ecology



**Believing in the sacred evolution of  
humanity and all life,  
*Thresholds of Transformation***

provides a unique transformative change process that brings forth inner and outer behavioral change, manifested in new ways of being, relating and acting at a personal, communal and systemic level. This inner and outer behavioral change is enabled by:

- ✿ A wholehearted commitment to 10 communal Gatherings centered around inspiring online video presentations (*TT videos*) that are interspersed with:
  - contemplative pauses with imagery and music
  - personal and communal reflection
  - interactive processes
  - courageous conversation
  - embodied prayer and ritual
- ✿ Opening to a personal awakening and deeper consciousness of heart, mind and behavior, that can shape and contribute to a new world order, in the belief that, unless the personal journey is addressed, communal transformation will not flourish. ***"If we want the world to change then first our hearts must change"***. (Pope Francis, Homily 25 March 2022).



*It is our hope that  
Thresholds of Transformation  
will gift you with:*

- 🌿 A renewed appreciation of your kinship with our universe and the sacred mystery of its innate gifts for personal and communal transformation.
- 🌿 The strengthening of your personal and communal relationships through a deeper appreciation of the spiritualities of the heart and vulnerability, broken open through reflection, imagery, ritual, music and shared dialogue.
- 🌿 Being part of a global movement that is intentionally committed to fostering a new world order of integral ecology.

*For more information please contact  
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or visit: [ThresholdsofTransformation.com](http://ThresholdsofTransformation.com)*



## ***Thresholds of Transformation's 10 Gatherings***

### **Gathering One**

Welcome and Orientation

### **Gathering Two**

Pathway 1: The Mysteries of Our Universe

### **Gathering Three**

Pathway 2: Spirituality of the Heart

### **Gathering Four**

Pathway 3: Spirituality of Vulnerability

### **Gathering Five**

Pathway 4: The Transformative Gifts of Our Universe  
*Part One: Holons*

### **Gathering Six**

Pathway 4: The Transformative Gifts of Our Universe  
*Part Two: Morphic Resonance*

### **Gathering Seven**

Pathway 5: Transformation of the Collective Soul  
Part One: Exploring the Collective Soul

### **Gathering Eight**

Pathway 5: Transformation of the Collective Soul  
*Part Two: Re-envisioning the Collective Soul*

### **Gathering Nine**

Pathway 6: Systemic Transformation

### **Gathering Ten**

Pathway 7: Weaving the Threads Together